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## ADOPTION COURSE AND CONTENT

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Providing the Right Training  
for the Right People  
at the Right Time

Ohio Child Welfare Training Program

### Standardized Adoption Workshops

Workshops for adoptive parents are designed to provide education and support for adoptive parents who have adopted or are considering adoption.



Participants who attend these workshops will become familiar with the normative issues of adoptive family living. In addition, they will be informed about expected developmental milestones in their relationships within the family and community.

#### **947-PA01-S: Changing Hats: Foster to Adopt** 3 hours

- Explores the benefits of foster parent adoption
- Presents tools for foster parents to use in making a sound decision regarding permanency
- Presents strategies to help a child cope with the transition from foster care to adoption

#### **947-PA02-S: Adopting Your Foster Child after Reunification Fails** 3 hours

- Addresses barriers to rebuilding a family relationship
- Explores what parents need to know about the returning child and strategies to regain their trust and love

#### **948-PA03-S: Impact of Adoption on Birth Children in the Adoption Home** 3 hours

- Explores the impact of special needs adoption on birth children in the home
- Presents strategies to assist adoptive parents in finding a balance in meeting the needs of all the children in their family

#### **948-PA04-S: After Adoption: Understanding the Lifelong Journey** 3 hours

- Presents the international award winning documentary – *First Person Plural*
- Provides an opportunity to walk through the adoptive experience with an adult adoptee, adoptive parents, birth parents, and birth siblings



**948: Six Weeks of Support for Adoptive Parents**  
**Six 3-hour courses**

- Motivation and Expectations of Adoption 948-PA05S
- Attachment, 948-PA06-S
- Adoption Issues, 948-PA07-S
- Who is Angry and How Do We Manage It? 948-PA08-S
- Birth Parents – Friends or Foes 948-PF09-S
- Offers training and guided discussion on motivation and expectations of adoption, attachment, adoption issues, managing anger, birthparents, and finding support

**948-PA11-S: Triggers: What Causes Adoption-Related Crisis**  
**3 Hours**

- Helps adoptive parents identify and prepare for common triggers of adoption-related distress
- Assists parents in developing strategies for preventing or ameliorating crises that can “derail” a child as they grow into a healthy child

**949-PA12-S: Keepin’ it in the Family: The Unique Issues of Kinship Care-**  
**3 hours**

- Helps participants learn to cope with the changes experienced as a result of caring for kin children
- Encourages maintaining a healthy, safe relationship with the children’s birth parents and other family members
- Highlights tips for successful and stress-free parenting

**949-PA13-S: “Mom, Dad, I’m Searching” – The Impact of Search and Reunion on Family**  
**6 hours**

- Helps parents understand the needs of young adults regarding adoption issues and their desire to search
- Presents the stages of search and the emotional issues likely to surface
- Identifies strategies for the family to support the young adult as they begin the search

**949-PA14-S: Mystery History: Helping your Foster/Adoptive Child Understand the Past**  
**6 hours**

- Equips parents with the knowledge and tools they will need to communicate with their adopted child about their past
- Addresses difficult questions regarding when and how to share information with their child
- Teaches how to make sense of the past for adopted children of all ages

**949-PA15-S: The Openness Puzzle: 3-2-1 Contact!**  
**6 hours (949-PA16-S – 3 hours)**

- Provides a brief overview of the reasons for openness in adoption
- Examines anxieties felt by adoptive parents in open adoption relationships, and provides guidelines for use in decision-making about when openness is appropriate
- Explores strategies to determine the right level of openness

**952-PA17-S: Play with a Purpose: Strategies to Enhance the Parent-Child Relationship**  
**3 hours**

- Reviews the concepts of strong parent-child relationships in families formed by adoption
- Presents three distinct approaches to relationship
- Teaches parents how to strengthen their attachment to their child

**981-PA18-S: Successful Trans-Cultural Parenting: Dealing with the Dynamics of Difference**  
**6 hours**

- Provides concrete tools to build cultural identity based on predictable developmental stages
- Teaches how to enhance cultural connectedness, how to talk frankly with children and youth about cultural issues, and how to advocate for youth
- Explores sibling and extended family issues

**983-PA19-S: Diagnosis AD/HD: What’s Next?**  
**6 hours**

- Presents ideas on how to successfully advocate for the child at school and preserve their self-esteem
- Offers over 30 practical tips for how to complete tasks and keep friends
- Provides numerous resources

**983-PA20-S: Standing in the Gap: Becoming an Effective Advocate for your Foster/Adoptive Child**  
**3 hours**

- Focuses on strategies to enhance the adoptive parent’s ability to advocate effectively for appropriate educational services for their children
- Explores the parents’ role in accessing special services for their children as well as the adoption subsidies to assist with paying for those services

**987-PA21-S: Single Adoptive Parenting: Single but Never Alone**  
**3 hours**

- Explores the unique issues of single adoptive parenting in a way that is honest, thought-provoking, supportive, and creative
- Encourages parents to identify their own needs, as well as their child’s
- Helps develop short-and long-term strategies to strengthen and support the adoptive family

**987-PA22-S: Adoption and Healthy Adult Relationships**  
**6 hours**

*Note: Participants should attend with their spouses/ partners*

- Offers a fresh look at the dynamics of adoption and adult relationships
- Helps co-parents develop a plan to enhance their commitment to one another and to their adopted children

**989-PA23-S: Building a Healthy Adoptive Family: Ten Factors of Success**  
**6 hours**

- Builds awareness of successful adoptive family life
- Presents strategies, attitudes, and values that help families enhance attachment and develop realistic expectations

**994-PA24-S: What Family Tree? School Issues and the Adoptive Child**  
**3 hours**

- Teaches how and when to share information with their child’s teacher and other school personnel
- Offers suggestions how to talk with their child and how and when to share their story with peers
- Identify challenging assignments or moments in school curriculum and help parents to find alternative strategies for approaching those assignments

