

2018 Caregiver Training Conference

15th Annual

September 14 & 15, 2018



Holiday Inn Eastgate
4501 Eastgate Blvd,
Cincinnati, OH 45245



Be the change you want to see in the world.....

Mahatma Gandhi

2018 Conference at a Glance..



Friday, September 14, 2018

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| 8:00 am – 8:45 am | Registration |
| 9:00 am – 12:00 pm | Training Sessions * |
| 12:00 pm – 1:00 pm | Lunch (Deli Spread) |
| 1:00 pm – 4:00 pm | Training Sessions * |
| 4:45 pm – 6:00 pm | Dinner (Chicken Piccata/Roast Beef w/Gravy) |
| 6:00 pm – 9:00 pm | Keynote Speaker, Debra McMullen * |

Saturday, September 15, 2018

- | | |
|--------------------|---|
| 7:30 am – 8:45 am | Registration/Breakfast (Hot Breakfast Buffet) |
| 9:00 am – 12:00 pm | Training Sessions * |
| 12:00 pm – 1:00 pm | Lunch (Italian Buffet) |
| 1:00 pm – 4:00 pm | Training Sessions * |

*Breaks to be determined by Trainer, coffee & water available at that time

Stacey Hatte is available via email for questions related to the Caregiver Training Conference.

stacey.hatte02@jfs.ohio.gov





Hotel Reservation Info..

There is a limited number of rooms available at a discounted government rate. This block of rooms will not be available after August 23, 2018.

If you plan to reserve a room contact Holiday Inn Eastgate at 513-752-4400. The block code is FPC (Foster Parent Conference).

Limited Availability!!



Holiday Inn Eastgate
4501 Eastgate Blvd,
Cincinnati, OH 45245
(513) 752-4400

www.ihg.com/holidayinn/hotels/us/en/cincinnati/cvgem/hoteldetail





Keynote Speaker: *Debra McMullen*

Friday 6:00 PM to 9:00 PM



Debra McMullen has been a foster and adoptive mother since 1989. She is a certified trainer for the Ohio Child Welfare Training Program and is the founder of Kindred Enterprises, a training firm which concentrates on adult and child relationship building. Ms. McMullen provides training and coaching services for both public and private foster care agencies throughout Ohio. She holds a Bachelor of Science with a concentration in Early Childhood Development and is a licensed teacher for the State of Ohio. She is also Clinical Certified Trauma Practitioner (CCTP).

Expectations, Reality, and Success! The Journey of a Foster Parent

This Guided Application and Practice (GAP) session provides opportunity for foster and adoptive parents to learn from the experiences of the facilitator and from the experiences of each other. Through guided discussion, the facilitator, a former foster parent and an adoptive mother, will encourage conversation and sharing of experiences surrounding initial expectations regarding caregiving and the journey families are on. The facilitator will assist participants in recognizing accomplishments of their journeys even when success is not obvious. A primary focus will be on family structure and how it has changed, challenges encountered working with birth parents, and the importance of keeping a level of professionalism with team members.

About the Presenters....



Amanda Davis

Amanda Davis, B.S., graduated with a bachelor of science in Social Work from The Ohio State University. Her experience in foster care and being adopted gave her a passion for the child welfare system. She has spoken locally and nationally on behalf of today's foster youth.

Laura A Gaines MSW, LISW-S

Ms. Gaines is a clinical social worker who has worked with children and adults with special needs since 1985. Career experiences include managing group homes for people with developmental disabilities; associate professor at the Nisonger Center, OSU a university affiliated program for developmental disabilities; family services coordinator at Dahlberg Learning Center, a preschool for children with special needs, and Therapist at Northwest Counseling Services and in private practice. Her trainings focus on child development, mental health, developmental disabilities, ethics, and trauma informed care.

Jill Roberts

Ms. Roberts worked at Franklin County Children Services (FCCS) from 1982-2014. She held the following casework positions (Child Welfare Caseworker I, II, III, Mentor) within FCCS Unruly Unit, Generic Unit, Foster Care, Deaf Specialist, and Mentor. Ms. Roberts became a supervisor in 1998 and supervised workers until she retired June 2014. Ms. Roberts developed the Deaf Program at FCCS, and was the Deaf Specialist for 10 years until she became a supervisor. She then supervised the Deaf Specialist, and all deaf cases until 2011. She is Bilingual/fluent in American Sign Language. In 2000, she was involved in the development of the Family to Family Program and subsequently authored an article in the Family Preservation Journal (Vol. 6. Issue. 1. 2002) "Family to Family: Child Welfare for the 21st Century". Ms. Roberts' passion is permanency, and was involved in beginning the Permanency Roundtable Initiative at FCCS. She was a Master Practitioner and trainer since it's inception in 2010. She has trained on permanency, Family Finding and developing Family Trees. Ms. Roberts has a Bachelor of Social Work, from The Ohio State University (1983) and a Master of Social Work, from The Ohio State University (2001).



Jim Still-Pepper, LSW

Mr. Still-Pepper is a therapist and consultant, having received his Master's Degree in Clinical Psychology from Morehead State University in 1989. He is currently the School Services Coordinator at Six County Inc., a community mental health center, and works with children, teenagers and their families. He has written more than seventy-five national publication credits, including publishing two books and co-authoring six. He is also an independent trainer in the field of Child Welfare, and received the Linda Pope Trainer of Year Award for the Ohio Child Welfare Training Program.

George Thompson

George Thompson served as the Coordinator of Emergency Services at Lucas County Children Services from 1998 to 2001. In this role, he established and managed after hours intake and supervised intake. Previously, he worked at Lucas County Children Services beginning in 1970 in the roles of Coordinator of the Assessment Department, Supervisor of the Sexual Abuse Unit, Family Services and Therapeutic Services. George earned Master of Social Work from the University of Michigan in 1975.

John Ward, LCDC III, CTS

Currently holds a Master's Degree in Counseling from Logos University and Bachelor's Degree in Theology from Christian Life School of Theology and specializes in the area of Reactive Attachment Disorder, ADD and trauma related issues. He received the Rising Star Award for the Ohio Child Welfare Training Program in 2009, and the NEORTC 2015 Trainer of the Year award. He is a master trainer for the Center for Adoption and Education. He has worked in the field of child welfare for over 20 years.



Conference Housekeeping!



Register via the website <http://ocwtp.net/SWORTC.html>. Your licensing agency can assist you with any registration issues or concerns.

Sign in in at the beginning of each workshop. Attendance sheets will be available during the first 30 minutes of each training.

To receive training credit, participants must be present for the entire workshop. Partial credit will not be given. If a participant is 15 or more minutes late following the start of a workshop, after break or after lunch, they will not receive training credit. However, the participant will be welcome to sit in on the remainder of the workshop.

E-Track attendees will receive an electronic copy of their certificate 10 days after the class is held. *(Private Agency Attendees: Confirmation of Attendance will be emailed to Licensing Agencies 30 days after the class is held).*

Attend **only** workshops for which you are registered. Workshop facilitators will be provided with a list of those participants who have formally registered. Any changes to schedules must be made at the prior to the start of the conference.

Refrain from cell phone usage during training and limit phone calls to scheduled break times. Avoid side conversations and set phones to silent.

Room temperatures vary, so please dress accordingly.



Training Schedule and Course Description



Friday

9:00 AM to 4:00 PM / John Ward

923-82 **Developing a Heart of Gratitude**

When we hear these comments from our kids, it can be tough not to give in. We love our children and want them to be happy and fit in. In fact, when we fail to set and maintain reasonable limits, it puts our kids at long-term risk and sets them up for failure as adults. When foster/adoptive parents set reasonable limits, they can rid the effects of the "child-centered home" and raise confident, resilient, and successful children. Whether starting from scratch with a young toddler or navigating the teenage years, foster/adoptive parents can learn strategies for effectively teaching their foster children how to develop a heart of gratitude.

9:00 AM to 12:00 PM and 1:00 PM to 4:00 PM (2 sessions)

Jim Still-Pepper

925-133 **Learning Lab-Building Better Boundaries: A Learning Bridge Lab**

Having boundaries and learning to set them and keep them are important life skills. Many times, trauma can make it hard for youth to set and maintain appropriate boundaries. Helping kids learn these skills can help them draw a positive line in the sand (so to speak).

This lab will develop hands-on learning bridges designed to help youth open up and talk about and learn about boundary setting and boundary maintaining skills.



9:00 AM to 4:00 PM

George Thompson

925-5 How to Handle Difficult Behaviors ... without Breaking a Rule

Foster caregivers are expected to be able to appropriately manage any and all types of behaviors without violating any of the Ohio Administrative Rules for foster care. The goal of this workshop is to review some of the rules that prohibit substitute caregivers from the use of various types of punishment for children in care. The training will also serve as a refresher of how children feel after separation from their primary family. Strategies that are appropriate will be discussed, in addition to learning from each other what has worked in the past...without breaking a rule.

9:00 AM to 12:00 PM and 1:00 PM to 4:00 PM (2 sessions)

Jill Roberts

952-22 Promoting Placement Stability

This workshop will discuss the causes of placement disruption as well as strategies for promoting placement stability. The caregiver will also gain a better understanding of their role in placement decisions and development of skills determining appropriate placements in their home.

Keynote

6:00 PM to 9:00 PM

Debra McMullen

922-31- GAP Expectations, Reality, and Success! The Journey of a Foster Parent

This Guided Application and Practice (GAP) session provides opportunity for foster and adoptive parents to learn from the experiences of the facilitator and from the experiences of each other. Through guided discussion, the facilitator, a former foster parent and an adoptive mother, will encourage conversation and sharing of experiences surrounding initial expectations regarding caregiving and the journey families are on. The facilitator will assist participants in recognizing accomplishments of their journeys even when success is not obvious. A primary focus will be on family structure and how it has changed, challenges encountered working with birth parents, and the importance of keeping a level of professionalism with team members.



Saturday

September 15th 9:00 AM to 4:00 PM

John Ward

941-53 The Lost Art of Empathy

Empathy is the ability to identify with what others are feeling. It is a crucial element of developing positive and successful relationships and can help prevent bullying and social isolation. Unfortunately, in our "hi-tech" society empathy is a social skill which has become de-emphasized.

This class will focus on teaching children the importance of empathy, developing emotional sensitivity, and helping them connect and communicate with others in a meaningful way. By "leading through example", caregivers can model kind behaviors and emotional awareness to provide children with the foundation to connect and relate to others.

9:00 AM to 12:00 PM and 1:00 PM to 4:00 PM (2 sessions)

Amanda Davis

941-52-GAP GAP: Normalcy from a Personal Perspective

This Guided Application and Practice (GAP) session provides opportunity for foster and adoptive parents to learn from the experiences of the facilitator and from the experiences of each other. Through guided discussion, the facilitator, a former foster youth, will encourage conversation and sharing of how certain experiences are vital for foster youth to obtain skills, knowledge, and supports necessary for adulthood.

September 15th 9:00 AM to 12:00 PM and 1:00 PM to 4:00 PM

Laura Gaines

923-65 Babies' Brains - The Basics for Caregivers

From before birth into toddlerhood, babies' brains are changing and developing at an amazing rate. How a baby changes will impact the rest of that individual's life. Babies learn by experience and, most importantly, in relationship to others. Understanding what is going on inside a baby's brain and how our everyday interactions make a difference is important for all caregivers, as they are the ones with the greatest one-on-one time with infants and toddlers.

September 15th 9:00 AM to 12:00 PM and 1:00 Pm to 4:00 PM

Jill Roberts

928-25 The Importance of Working with Primary Families

This workshop provides information about the losses experienced by birth families, expected behaviors of grieving birth parents, and ways to work effectively with birth families.



A Note from SWORTC...



WELCOME FROM SWORTC

Welcome to the 2018 15th Annual Caregiver Conference! We worked with the trainers to develop many new trainings based on our region's needs. We hope these are beneficial to you all.

The staff at SWORTC want to Thank You for your dedication and opening your homes and lives to children in our region. You provide safety for these children who have experienced trauma and treat them as part of your families. Your commitment to these children provide such a tremendous impact on these children's lives now and long term.

We hope you enjoy the conference and the trainings provide you with information and resources to continue success in your caregiving roles.

Sincerely,

SWORTC Staff



Notes...



Notes...



Notes...

